

ABSTRACT OF THE DISCLOSURE

A cuff and a blood pressure measuring apparatus using thereof are disclosed. The blood pressure-measuring apparatus essentially comprises a blood pressure display unit, a cuff and a pressure sensing unit. The cuff essentially comprises a strap unit and a ring. 5 The ring is embedded in the strap unit, and the direction of the ring is not perpendicular to the outstretch direction of the strap unit. The strap unit is adapted to pass through the ring. The blood pressure sensing unit is disposed on the strap unit, for sensing the pressure inside the cuff.